

# Divisions of Nervous System

## CNS (brain and spinal cord)

**The Brain** is protected by:

- (a) Bone
- (b) Meninges
  - Membrane with blood vessels
  - Supply blood to the brain
  - Flexible sheet, made from 3 membranes between bone and nervous tissue
    1. Dura mater – thick, hard, strong outer membrane providing physical protection
    2. Arachnoid membrane – web-like appearance, spongy, shock absorbing, contain blood vessels
    3. Pia mater – thin, follow all the creases and folds in the brain
- (c) Blood brain barrier
  - Functional form of protection
  - Blood vessels supplying blood to CNS have special walls with smaller pores restricting entry of many chemicals into CNS
  - Heroin is a more potent opiate than morphine because heroin more readily crosses b.b. barrier (once inside, converts in morphine)
  - E.g. anti-histamines → drowsy if in brain therefore does not have effect on brain if it cannot cross the blood brain barrier
- Nervous tissue is fragile therefore must be well protected
- Brain requires high blood supply (2% of body weight, 15% of blood and 25% oxygen used by the brain)
- Ventricles (cavities) filled with cerebral spinal fluid (CSF) which is the same fluid in arachnoid membrane (meninges)
- Sewerage system of CNS: blockage causes hydrocephalus (inflates ventricles, squashing brain) which has -ve effect on the functions of the brain e.g. nausea
- 1. Brainstem:
  - Damage to the brainstem following head injury leads to coma and death (increase in intracranial pressure squashes brainstem)
  - To relieve pressure, may drill smaller hole in the stem
  - The pressure from bleeding → travels towards foramen magnum where brainstem is (where it becomes spinal cord)
- 2. Cerebellum:
  - Control of precision movements (including learned skills such as talking)
  - Densely packed with neurons
  - >50% of neurons in the brain
  - 10% of the brain mass
  - Stroke = blood flow to brain is compromised in some way e.g. through blood clot; brain tissue will lose blood supply and will deteriorate irreversibly
- 3. Thalamus and hypothalamus (on top of the brain stem)
  - Thalamus (above) relay station for sensory info coming from the rest of the body
  - Hypothalamus (below)



- Pituitary gland (below hypothalamus) – control of other glands and hormone regulation
- 4. Limbic system (wrapping around the thalamus)
  - Involved in control of emotions and memory
  - Emotional experiences are more memorable
- 5. Basal ganglia (wrapping around the thalamus)
  - Involved in action and thought
  - General selection of the most appropriate action to be made at a certain time
- 6. Neocortex (convoluted sheet on top of brain)
- 7. Corpus Callosum
  - Collection of “cables” connecting two hemispheres allowing communication
- Brain size, brain : body ratio does not determine intelligence
- Sex and brain size do not correlate (on *average*, men have larger brains)

### **The spinal cord:**

- directly connects the brain to PNS
- a cable of neural fibres

### **The cortex**

- the thickness of the cortex is fixed (made up of 6 layers of neurons), by folding it on itself, the cortex can increase its total surface area
- increases in size across mammals (more than any other brain area)

### **The Four Lobes**

- Frontal (planning and executive functions) – the back is involved with motor control
- Parietal (understanding space and how to move in it) – front is involved with touch
- Temporal (memory and language) – top is involved with hearing
- Occipital (vision) – humans are very good at recognising and distinguishing objects in our environment visually
- Middle of the brain involved with taste and smell

### **PNS (sensory nerves, motor nerves, Autonomic Nervous system)**

- Sensory (afferent): from sensory organs to sensory organs (eye, ear, vestibular apparatus, nose, tongue, skin)
- Motor (efferent): from CNS to muscles
- Autonomic Nervous System (controlled by brain)
  - Controls many non-voluntary bodily functions (e.g. digestion, heart rate, blood pressure, sweating, pupil size, genitals)
  - *Sympathetic* prepares for action e.g. increase heart rate
  - *Parasympathetic* involved in rest and recuperation e.g. decreased heart rate