

The topics covered were :

- how to introduce yourself
- how to take a background history from patient
- approach to counselling
- drug related problems
- cold/flu
- paracetamol
- smoking cessation
- law and ethics
- warfarin
- dyspepsia
- headache
- UTI

INTERVIEW DATA

Interview data for comprehensive interviews

- complete and descriptive
- Demographic information : age, DOB, weight, race, ethnic origin, education, marital status
- Dietary information
- Social habits
- Current and past OTC, Rx, complementary medications
- Outcome of therapy
- Adverse drug reactions
- Immunisations
- Adherence to prescribed or recommended regimens

Information to collect

Dietary information:

- dietary restrictions: supplements, suppressants
- Reduced carb diet, low sodium, low fibre
- Some drugs may appear ineffective if patient non-adherent to dietary restrictions
- Some dietary supplements may interact with prescribed medications

Social history:

- tobacco, alcohol, illicit drug

Usually, patients don't mind talking to the pharmacists, rather than other health care professionals

Current Rx medications:

- Name/description
- Dose
- Reason for taking the medication
- Start date
- Outcome of therapy

Past Rx medications:

- Name/description
- Dose
- Reason for taking the medication
- Start date

Current OTC/CAM medications:

- Name/description
- Dose
- Dose schedule
- Reason for taking the medication
- Start date
- Outcome of therapy

Past OTC/CAM medications:

- Name/description
- Dose
- Dose schedule
- Reason for taking the medication
- Start date
- Stop date
- Reason for stopping
- Outcome of therapy

Differentiate between drug allergy and adverse reaction:

- allergy = hypersensitivity to specific substances (dermatitis, anaphylaxis)

- adverse drug reaction = unwanted pharmacological effects associated with a medicine like drowsiness, constipation, diarrhoea

Outcome of therapy:

- Allergies
- Name
- Dose
- Dose schedule
- Description of reaction
- Treatment for the reaction

Adverse drug reactions:

- Name
- Dose
- Date of reaction
- Description of reaction
- Treatment for the reaction

Immunisations:

- important for health of individuals and the public
- Recording name and date of vaccinations

Adherence:

- useful in evaluating the effectiveness of prescribed medication
- Be empathetic

Other things to record:

- date and time of interview
- General impression of patient
- Anyone present at the interview