

# Parenting styles

**Child rearing style:** combinations of parenting behaviours that occur over a wide range of situations.

## **Effective parenting should include**

- Acceptance Involvement
- Behavioral control
- Autonomy granting

## **Authoritative style**

- Most successful
- High acceptance and involvement
- Adaptive control techniques
- Appropriate autonomy granting

## **Authoritarian style**

- Low acceptance and involvement
- High control, they yell criticize and threaten to get what they want.
- Cold and rejecting
- Makes children anxious, unhappy, low self-esteem and low self-reliance.
- However, they tend to achieve better and commit less antisocial acts
- **Psychological control:** attempt to take advantage of children's psychological needs by intruding on and manipulating their verbal expression, individuality and attachments to parents.

## **Permissive style**

- Warm and accepting but uninvolved
- Engage in little behaviour control. The kids can do whatever they want.
- Children tend to be impulsive, disobedient and rebellious, overly demanding and dependent on adults, reduced task persistence poor academic skills and more antisocial behaviour.

## **Uninvolved style**

- Low acceptance and low involvement
- Little behavioral control
- The parents are often depressed or emotionally detached.
- Indifferent about autonomy
- Extreme forms can be neglect
- Children tend to be depressed, angry, antisocial behaviour, poor academically.