Introduction to Paramedicine

1 – Paramedics: Then, Now and Tomorrow:

Describe Paramedicine with respect to:

a. its purpose

Paramedics respond to, assess and manage patients, transport them to a health facility for ongoing care if necessary or arrange alternative referral, treatment or care options.

b. the role

The role is to be the first responders on the scene of an incident and be able to provide immediate first aid. It also includes transporting the patient to the hospital where hand over occurs and all details must be discussed.

c. contribution to healthcare

- They are the first point of contact with the patient
- Lots of education
- Prevention of illnesses
- Transport

2 – Reflective Practice:

Discuss the rationale for reflection in paramedicine

Why Reflect?
- So it doesn't build up
- Self-development
- Optimal patient care
- Don't repeat mistakes
- Reflection forms the basis of knowledge and basis of self-awareness
    - If you lack self-awareness you will make the same mistakes

Why Learn to Reflect?
- There will always be positives
- Accepting mistakes
- Might not have realised there was a problem at the time

What to Reflect on?
- Reflection IN action
- Reflection ON action
- Experience of the course
- Slightly personal
    - I felt…
- Work in health
- Articles in the news - must reference
- An experience with an ambulance
    - Learning guide
    - Link to paramedicine

Levels of Reflection:
- State what is learned
- Rationale and evidence base
- Wider influences
- E.g. my partner's patient management was morally wrong, putting the patient at risk, but was also against service guidelines. In future…

Describe the different aspects and processes that can be used in reflection

Gibb's Model:
- Describe the situation
- Discuss your feelings about the situation
    - What you were feeling and why?
- Evaluate and analyse the situation
    - Positives and negatives
- Draw conclusions about the situation and what you learnt
- Action plan for the future

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Description
- Critical incident
- Essential factors
- Context
- Key people

Reflection
- Goals
- Interventions
- Consequences
- Feelings

Influencing Factors
- External
- Internal
- Knowledge
- Skills

Alternatives
- Choices
- Consequences

Learning
- Making Sense
- Feelings
- Actions
- Support