

### LECTURE 3

Regression – note that residuals are sample estimates of population errors

Linear models:

1. Easy to fit
2. Commonly used
3. Practical application
4. Descriptive model
5. Assumptions reasonable

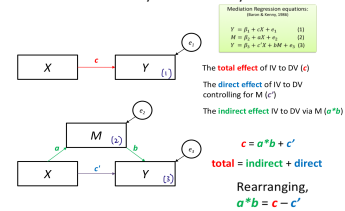
Normal errors:

- Ontological justification – random fluctuations have good chance of resembling normal distributions
- Epistemological – normal distributions represent state of knowledge

Assumptions:

1. **Validity**
  - Relevant IVs underlying DV (researcher)
  - Data will generalise to population
2. **Additivity & Linearity**
  - Data (excluding errors) should be linear (important math assumption)
  - Transform non-linear data into linear data if linear modelling
3. Independence of errors
4. Equal variance of errors (homogeneity & homoscedasticity/sphericity) impact p values & estimates
5. Normality of errors (around mean 0)
  - Least important = can overcome with bootstrapping

MEDIATION – inherently causal whereby IV acts on DV through MV



Baron & Kenny approach

1. c is significant (IV predicts DV)
2. a is significant (IV predicts MV)
3. b is significant (MV predicts DV)
- 4a. c' is significantly smaller than c (partial mediation c' < c)
- 4b. c' is not significant (full mediation a\*b and c' > c)

Issues with causal steps approach

1. NHST
  - ❖ Low power (each NHST conditioned on prior NHST – prone to false negatives = not rejecting false null hypothesis/Type II error)
  - ❖ Dichotomous – accept/reject (vs. CI)
2. Indirect effect (a\*b) not quantified
  - ❖ Only testing if a and b are individually significant but does not test if a\*b is significant
  - ❖ a and b both being significant does not mean that a\*b is significant
3. Preconditioning that IV predicts DV
  - ❖ a\*b can be significant although c is non-significant ie. there can be a significant mediation effect without significant total effect
  - ❖ Problematic because testing stops when c is non-significant

Critique of partial and complete mediation

1. Attempt at degree of mediation but no numerical importance = subjective
2. a\*b can be significant although c is non-significant ie. there can be a significant mediation effect without significant total effect
3. Complete mediation implies that mediator completely accounts for IV's effects on DV – doesn't consider other possible mediators or models
4. Partial and complete is dependent on sample size (small-ish n with enough power to detect sig indirect effect but not enough power to detect sig direct effect) – also non-sig c' doesn't mean c' = 0 since NHST don't work like this.

Hayes approach: Testing a\*b

- Instead of testing significance of c' < c this test looks at
1. Significance of a\*b
2. Relative size of a\*b, a and b

Sobel Test (assumes normality)

- H<sub>0</sub>: a\*b = 0 at population level
- H<sub>1</sub>: a\*b not equal to 0 indicating significant mediating/indirect effect

Issues:

1. Low power
  - ❖ Difficult to pick up significant effects when there is one at population level
2. Non-normal distributions
  - ❖ Difficult to pick up significant effects with non-normal data

Bootstrapping (does not assume normality)

- Builds CIs around estimates of a\*b through repeated sampling from current sample
- Single observation in sample data for one particular case might either be used more than once in a sample or not at all in one particular bootstrap sample
- Robust to non-normal data
- Takes the means of bootstrap samples and plots a distribution
- Compare means of bootstrap distribution to original distribution
- Forms lower and upper bounds of CI

Output

\*\*\*\*\* TOTAL, DIRECT, AND INDIRECT EFFECTS OF X ON Y \*\*\*\*\*

Total effect of X on Y		Direct effect of X on Y		Indirect effect(s) of X on Y		
Effect	se	t	p	LLCI	ULCI	
c	.1970	.0185	10.6231	.0000	.1605	.2335
c'	.0984	.0194	5.0612	.0000	.0601	.1367

Indirect effect(s) of X on Y		Normal theory test for indirect effect(s)	
Effect	se	t	p
na	.0985	.0186	.9358
na	.0985	.0141	.0000

Bootstrap CI does not contain 0!

Regular Sobel test

So, na is a mediator between n and p6:  
There is a significant path a\*b through na

\*if results for Sobel test and Bootstrap do not align, trust Bootstrap

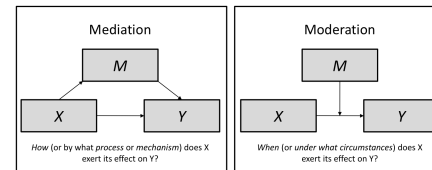
Issues for mediation

1. Causal inference
  - ❖ Regression modelling does not suffice causal effect – need more rigorous methods
2. Confounding association
  - ❖ Existence of other possible mediating variables
  - ❖ Mediating variable may not even account for causal effect
3. Causal order
  - ❖ Difficult to determine causal order
  - ❖ If IV isn't determined through random assignment or manipulation, any sequence of IV, MV and DV must be tested

MODERATION (GLM: regression, two-way ANOVA with 2 categorical predictors and continuous outcome variable)

- Standardise IV and MV or centre them with mean of 0

Differences between mediation & moderation



- Mediation (how) and Moderation (when)
- Moderation involves an interaction between M and X (looks like multiple regression)  $Y = b_0 + b_1X + b_2X + e$

Regression Coefficient

Conditional effects of the focal predictor at values of the moderator(s):

mediator	pa	Effect	se	t	p	LLCI	ULCI
16	-8.1968	-.8397	.1429	-5.8761	.0000	-1.1211	-.5583
50	1.2366	-.6166	.1414	-4.3599	.0000	-.8951	-.3381
84	8.2366	-.4511	.2019	-2.2342	.0263	-.8486	-.0535

$$Y = b_0 + b_1X + b_2M + b_3XM + e$$

$$Y = (b_0 + b_2M) + (b_1 + b_3M)X + e$$

- simple intercept simple slope
- Note that both slope and intercept depend on value of moderator

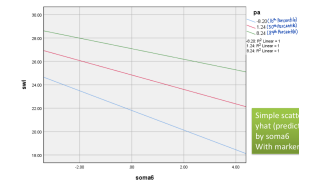
Output – Test for Significance of Moderator

Model	coeff	se	t	p	LLCI	ULCI
constant	21.4378	.3814	56.2005	.0000	20.6844	22.1912
soma6	-.4449	.1349	-4.7874	.0000	-.6913	-.1980
pa	-.2111	.0479	-4.4086	.0000	-.3087	-.1135
tot_1	-.0236	.0135	-1.7473	.0818	-.0509	.0037

\*interaction of moderator is non-significant

Relationship between IV and DV depends on value of MV

- When positive affect is very low at its 16<sup>th</sup> percentile (-8.20), X is a **strong**, negative predictor of Y (effect size = -.84, p < .001).
- When positive affect is **moderate** at its 50<sup>th</sup> percentile (1.24), X is a **moderate**, negative predictor of Y (effect size = -.62, p < .001)
- When positive affect is very high at its 84<sup>th</sup> percentile (8.24), X is a **weak**, negative predictor of Y (effect size = -.45, p = .0283)



- At low levels of moderator, there is a stronger negative relationship between IV and DV
- At higher levels of moderator, there is a weaker negative relationship between IV and DV

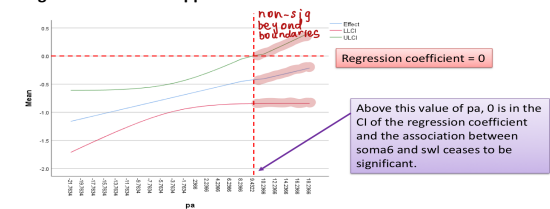
JOHNSON & NEWMAN APPROACH

Conditional effect of focal predictor at values of the moderator:

pa	Effect	se	t	p	LLCI	ULCI
-21.7634	-1.1465	.2796	-4.1355	.0000	-1.7111	-.5809
-19.7634	-1.1132	.2558	-4.3521	.0000	-1.6169	-.6095
-17.7634	-1.0659	.2327	-4.5810	.0000	-1.5241	-.6078
-15.7634	-1.0186	.2105	-4.8386	.0000	-1.4332	-.6041
-13.7634	-.9713	.1896	-5.1220	.0000	-1.3447	-.5979
-11.7634	-.9240	.1705	-5.4194	.0000	-1.2598	-.5883
-9.7634	-.8767	.1538	-5.7014	.0000	-1.1795	-.5739
-7.7634	-.8294	.1403	-5.9115	.0000	-1.1057	-.5532
-5.7634	-.7821	.1311	-5.9552	.0000	-1.0403	-.5240
-3.7634	-.7348	.1271	-5.7891	.0000	-.9852	-.4845
-1.7634	-.6876	.1288	-5.3366	.0000	-.9412	-.4339
.2366	-.6403	.1360	-4.7071	.0000	-.9081	-.3724
2.2366	-.5930	.1479	-4.0208	.0001	-.8881	-.3018
4.2366	-.5457	.1634	-3.3394	.0010	-.8674	-.2239
6.2366	-.4984	.1817	-2.7435	.0065	-.8561	-.1407
8.2366	-.4511	.2019	-2.2342	.0263	-.8486	-.0535
9.4322	-.4228	.2147	-1.9691	.0500	-.8456	.0000
10.2366	-.4038	.2236	-1.8059	.0723	-.8440	.0365
12.2366	-.3565	.2463	-1.4471	.1491	-.8415	.1286
14.2366	-.3092	.2699	-1.1455	.2530	-.8406	.2223
16.2366	-.2619	.2941	-.8996	.3740	-.8409	.3171
18.2366	-.2146	.3187	-.6733	.5013	-.8421	.4129

- Identify the value of the moderator variable where the relationship between IV and DV changes from significant to non-significant (p = .05) however this is somewhat arbitrary – we can assume the relationship just outside of this is still in the same direction (although not significant)

Regression line with upper & lower CI bounds



- The relationship between IV and DV are no longer significant at values of moderator outside of the 95% CI bounds
- Y = values of regression coefficients, X = values of moderator
- At low levels of positive affect, physical wellbeing is **strongly** negatively predicting satisfaction with life (R<sup>2</sup> = -1.0)
- At **higher** levels of positive affect, physical wellbeing is **weakly** negatively predicting satisfaction with life (R<sup>2</sup> = -0.2)
- If you are low in positive affect and high in physical wellbeing, the model predicts you will have low satisfaction with life
- In the upper right corner of the graph, 0 is captured in the confidence interval, which maps with at high levels of positive affect, physical wellbeing is no longer a significant predictor of satisfaction with life