

# Wk1 - Infection Control (L1)

## Ways infections Spread

- Patient to patient
- Staff to patient
- Environment to patient
- Patient to environment
- Patient to staff

## Standard Precautions

- Basic level of infection control
- Aim to prevent contact with
  - Pathogens present in individuals blood or body fluids
  - Pathogens disseminated from a person's body or the environment
  - Reduce spread of pathogens from known and known sources

## Techniques

- Hand Hygiene (5 moments)
  - Before touching a patient and their immediate surroundings
  - After touching a patient
  - After touching a patient's surroundings
  - Before a procedure
  - After a procedure or bodily fluid exposure risk
- Aseptic techniques in handling
- Cough etiquette

## PPE

- Are specialised equipment worn to protect against infectious materials
- Include
  - Gloves
  - Sterile gloves
  - Surgical mask
  - Eye protection
  - Gown
- Risk assessment of situation to determine what equipment is needed
  - Touch, splash, spray or large volumes of blood or bodily fluids that may penetrate the blood
    - Wound dressing or examination requires all equipment
    - BP measurement would not require any

## Sharps

- Never
  - Pass
  - Recap
  - Reuse

## Linen Management

- Keep soiled clothes away from uniform
- Never fan linen
- Never place on the floor
- Making a bed should have bed raised to nurse's hip-level
- Return bed to lowest position to prevent accidental falls

#### Other Precautions

- Waste management
- Routine environmental cleaning