

Assessment Framework	DATA/ CUES / S&S: Objective/Subjective
Neurological CNS	Temp 37.2°C Pain score 7/10 NRS
Cardiovascular CVS	BP 135/85mmHg HR 94bpm
Respiratory	RR 26bpm SpO2 99% RA
Genitourinary Renal	
Musculoskeletal	Left ankle pain + swelling Restricted movement Discomfort
Gastrointestinal GIT	
Integument	Redness Heat Swelling
Endocrine/ Metabolic	
Psychosocial/other	

HYPOTHESES: Symptoms, Areas of Risk, Alteration in function

INFLAMMATION

LEARNING NEEDS:

Pancreatitis

- Alcohol
- Mechanical obstruction

PROBLEM <i>(Actual/Potential)</i>	Rationale – Why is it a problem?	NURSING INTERVENTIONS	Rationale for nursing interventions	EVALUATION CRITERIA
<p>Acute pain r/t inflammation of foot</p> <p>Goal of Care: Reduce pts. pain</p>	<p>Pain is causing the pt. discomfort – leads to slower recovery</p>	<ul style="list-style-type: none"> • Review medication chart – administer as prescribed/required • Assist with positioning for comfort • Monitor response to pharmaceutical interventions • Elevate limb to reduce inflammation • Ice • Relaxation 	<p>Understand type + severity of pain</p>	<p>Pain assessment (at rest + with movement)</p> <p>Pt. reports decrease in pain</p>
<p>Potential for impaired skin integrity r/t inflammatory process</p> <p>Goal of Care:</p>	<p>Inflammatory process can compromise skin integrity</p>	<ul style="list-style-type: none"> • Repositioning – elevate limb • Assess for wound + dress wound if appropriate • Immobilisation of leg 	<p>Protect the limb from friction/rubbing with the bed</p>	<p>Reassess skin integrity</p>
<p>Potential for increased risk of falls r/t unsteady gait, painful weight bearing, medication effects, unfamiliar environment</p> <p>Goal of Care: Prevent falls</p>	<p>Restricted mobility of the foot could lead to a fall</p>	<ul style="list-style-type: none"> • Falls risk assessment • Low lying bed • Provide mobility aids • Call bell in reach • Fall precaution sign above bed • Bed alarms • Provide urine bottle • Provide education about falls risk • De-clutter pts. room (remove obstacles) • Vital signs/monitor for light-headedness and dizziness 	<p>These measures ensure that the patient is close to the ground, so a fall is impossible and also ensure that he has extra stability/support when mobilising.</p>	<p>Nil reported falls</p>

<p><i>Risk of dehydration</i></p> <p>Goal of Care: Increase fluid</p>	<p>Fluid shift due to vasodilation/capillary leakage</p>	<ul style="list-style-type: none"> • Increase fluid intake • Electrolyte management • Fluid management 		<p>Good skin turgor, moist mucous membranes</p>
<p><i>Risk of impaired mobility r/t restricted movement</i></p> <p>Goal of Care: Increase mobility</p>	<p>Pt. experiences pain when weight bearing</p>	<ul style="list-style-type: none"> • Pain relief • Walking aids 	<p>Decreased pain level can allow pt. to mobilise with more comfort</p>	<p>Pt. ambulates, attends to ADLs</p>
<p><i>Actual or potential anxiety r/t</i></p> <ul style="list-style-type: none"> • Potential lack of self care • Lack of knowledge of injury/environment • Admission to hospital <p>Goal of Care: Reduce pts. level of anxiety</p>		<ul style="list-style-type: none"> • Education regarding injury/admission process/environment • Comfort/support pt. (e.g. talk with pt., cup of tea) • Refer to allied health member (e.g. physio, social worker) • Assess for possible pharmaceutical intervention (e.g. diazepam) 	<p>Provide pt. with adequate education to reassure them and reduce anxiety levels</p>	