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# Imaging Guide Book

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<p><b>Skeletal Survey</b></p> <ul style="list-style-type: none"> <li>→ Plain radiography <ul style="list-style-type: none"> <li>• Axial Skeleton <ul style="list-style-type: none"> <li>– PA chest</li> <li>– Skull: lateral projection</li> </ul> </li> <li>• Appendicular Skeleton <ul style="list-style-type: none"> <li>– AP Humeri</li> <li>– AP femora</li> <li>– AP pelvis</li> <li>– Lateral Thoracic and Lumbar spine</li> </ul> </li> </ul> </li> <li>→ Bone scintigraphy</li> <li>→ CT scanning</li> <li>→ MRI scanning</li> <li>→ PET scanning</li> </ul>	<ul style="list-style-type: none"> <li>➤ Purpose: to evaluate the presence and extent of a pathology or injury in the cause of non-accidental injury</li> <li>➤ Diagnoses: <ul style="list-style-type: none"> <li>↳ Metastases</li> <li>↳ Multiple Myeloma</li> <li>↳ Paget's Disease</li> </ul> </li> </ul>
<p><b>Sternum</b></p> <ul style="list-style-type: none"> <li>• Use moving Bucky or stationary grid</li> <li>• Cassette: 24 x 30 cm (portrait)</li> </ul>	<ul style="list-style-type: none"> <li>➤ AEC not recommended <ul style="list-style-type: none"> <li>↳ It will detect radiation for lung tissue</li> </ul> </li> </ul>
<ul style="list-style-type: none"> <li>→ Lateral Erect <ul style="list-style-type: none"> <li>• SID: 150 – 180 cm</li> <li>• 70 – 75 kVp, 50 mAs <ul style="list-style-type: none"> <li>– Longer time (blurs ribs)</li> </ul> </li> <li>• Expose on inspiration</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>➤ Arrest inspiration pushed sternum further forward <ul style="list-style-type: none"> <li>↳ Esp. When arms are pulled backwards</li> </ul> </li> <li>➤ Lateral Recumbent: Patient lying on the side with arms above their head <ul style="list-style-type: none"> <li>↳ Only for patients who are unable to sit up</li> </ul> </li> <li>➤ Hands behind the back <ul style="list-style-type: none"> <li>↳ Expand sternum joints → easier to see</li> </ul> </li> <li>➤ Collimate to that shadow of front chest can be seen on Bucky <ul style="list-style-type: none"> <li>↳ factor in inspiration space</li> </ul> </li> <li>➤ AP Marker for side on Bucky</li> </ul>
<ul style="list-style-type: none"> <li>→ Right Anterior Oblique <ul style="list-style-type: none"> <li>• 60 – 65 kVp, 60 mAs</li> <li>• SID: 100 cm <ul style="list-style-type: none"> <li>– &lt; 100 cm decrease exposure</li> <li>– &gt; 100 cm increase exposure</li> </ul> </li> <li>• Angled 15° - 20°</li> <li>• Centre: 3 - 5 cm on raised side</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>➤ Not recommended for trauma patients → torsion of spine</li> <li>➤ 2 – 3 seconds exposure time with normal breathing <ul style="list-style-type: none"> <li>↳ Blur ribs → allows more visibility</li> </ul> </li> <li>➤ Angle dependent on patient size <ul style="list-style-type: none"> <li>↳ Ensure that sternum is aligned with spine</li> </ul> </li> </ul>

<ul style="list-style-type: none"> <li>• Normal breathing</li> </ul>	<ul style="list-style-type: none"> <li>➤ Marker placed in the same direction as the patient is facing (PA/AP)</li> </ul>
<p><b>Sternoclavicular Joint</b></p> <ul style="list-style-type: none"> <li>• SID: 100 – 115 cm</li> <li>• Cassette: 18 x 20 cm landscape</li> <li>• 65 kVp, 20-25 mAs</li> </ul>	<ul style="list-style-type: none"> <li>➤ Marker in PA</li> <li>➤ In Bucky</li> </ul>
<p>→ PA</p> <ul style="list-style-type: none"> <li>• Centre: middle of Jugular notch or ~7 cm below vertebra prominense</li> <li>• Cassette 18 x 20 cm landscape</li> <li>• Suspended respiration on expiration</li> </ul>	<ul style="list-style-type: none"> <li>➤ Prone: lying face down → for patients who can't stand</li> <li>➤ Head turned to a side</li> <li>➤ Collimate 3 cm to each side</li> </ul>
<p>→ Anterior Oblique</p> <ul style="list-style-type: none"> <li>• 10° – 15° on affected side</li> <li>• Centred 3 – 5 cm towards the raised side</li> </ul>	<ul style="list-style-type: none"> <li>➤ Left sternoclavicular joint → LAO</li> <li>➤ Injured side towards the Bucky <ul style="list-style-type: none"> <li>↳ Dislocated clavicle shows signs of swelling</li> </ul> </li> </ul>
<p><b>Ribs</b></p> <ul style="list-style-type: none"> <li>• 35 x 43 cm cassette portrait</li> <li>• Expose on inspiration</li> </ul>	<ul style="list-style-type: none"> <li>➤ Chest x-ray first to see general placement of fracture and pathology <ul style="list-style-type: none"> <li>↳ 80 - 100 kVp, 300 mA, 10mAs</li> </ul> </li> </ul>
<p>→ Oblique (Upper or Lower or both)</p> <ul style="list-style-type: none"> <li>• SID: 120 – 180 cm</li> <li>• Angled 45°</li> <li>• Upper Ribs: <ul style="list-style-type: none"> <li>– 60 kVp, 25 mAs</li> </ul> </li> <li>• Lower Ribs: <ul style="list-style-type: none"> <li>– 63 kVp, 32 mAs</li> </ul> </li> <li>• RPO or LPA <ul style="list-style-type: none"> <li>– Centre: mid rib on Bucky side</li> </ul> </li> <li>• RAO or LAO <ul style="list-style-type: none"> <li>– Centre: mid rib on raised side</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>➤ Do the opposite <ul style="list-style-type: none"> <li>↳ Imaging Right Posterior → Position RPO</li> <li>↳ Imaging Right Anterior → Position LAO</li> <li>↳ Imaging Left Posterior → Position LPO</li> <li>↳ Imaging Left Anterior → Position RAO</li> </ul> </li> <li>➤ Upper: expose on inspiration <ul style="list-style-type: none"> <li>↳ Rib 1 to Rib 10 (Xiphoid Process)</li> </ul> </li> <li>➤ Lower: expose on expiration <ul style="list-style-type: none"> <li>↳ Rib 9 to Rib 12</li> </ul> </li> </ul>