# **Human Biology Notes**

For BIOL1003, BIOL1903, and BIOL1993

## Excretion

#### **Aims**

- Identify different types of waste and where they are produced and excreted
- Discuss the function of the kidneys
- Describe the role of hormones in the regulation of urine volume and blood pressure

#### Waste

- Undigested food in the large intestines (faeces) removed by defecation
- Excess ions and water removed by kidneys
- Bilirubin used to digest fat
- Metabolic waste
  - o Water
  - o Heat
  - Carbon Dioxide
  - Breakdown of amino acids to form toxic ammonia
    - Liver combines ammonia with CO<sub>2</sub> to form urea which is 100 times less toxic
  - o Breakdown of creatine phosphate into creatinine
  - Breakdown of nitrogenous bases from RNA in the form of uric acid

#### Where waste is excreted

- Lungs CO<sub>2</sub>, water and heat
- Skin heat, water, some salts and nitrogenous waste
- Liver (prepares waste for removal)
  - o Bilirubin (becomes component of bile which allows the emulsification of fat)
  - o Converts NH<sub>3</sub> into less toxic urea
- Digestive system Solid wastes, pigments, water, heat
- Kidnevs

### **Kidney Functions**

- Excretion
  - Excretes urine, which contains
    - Urea
    - Creatinine
    - Uric acid
    - Poisons
    - Drugs
    - Excess water and solutes
  - Homeostasis
    - Water level
      - Determines blood volume and blood pressure
        - Blood pressure controlled by blood volume, ADH and aldosterone
      - Electrolytic balance in tissue fluid and blood
      - pH by excretion of H<sup>+</sup> and NH<sub>4</sub><sup>+</sup>