



Lisfrank fracture

Jones Fracture - Transverse fracture of the base of the 5th metatarsal

Metatarsals - **March Fracture** – Majority involve 2nd & 3rd metatarsals

Plain film changes – fluffy periosteal new bone, subtle fracture line, band of sclerosis

Rheumatoid Arthritis

Osteoarthritis – denser around joint area

Gout – increased blood levels of uric acid results in deposits of uric acid crystals within joint cartilage

Plantar fasciitis calcaneal spur

Pes Planus – flat feet, Longitudinal arch reduced on standing

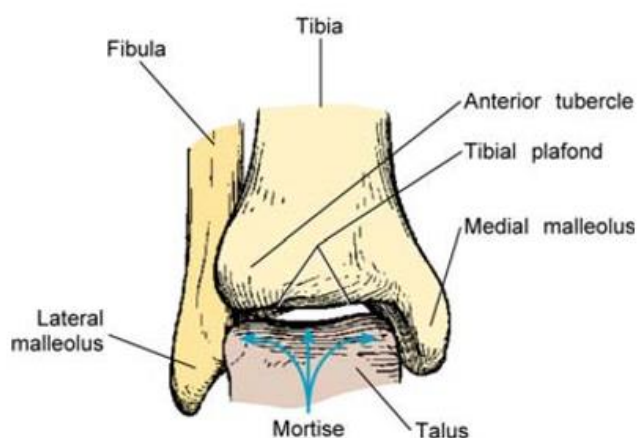
Hallux valgus deformity (bunions) - Lateral deviation of 1st toe, Bilateral AP weight bearing, Bunion – inflammation of the bursa

Kohlers disease – children, Avascular necrosis of tarsal navicular, pain and flatfoot

Osteomyelitis – infection eats bone away, bone and bone marrow

THE ANKLE

Anatomy



Lateral

18 x 24 cassette divided into 3

Patient sitting at end of table parallel to end so legs not under the table

Elbow at 90 degrees

Hand and forearm resting on table

Hand on side

- 2nd and 3rd fingers **radial aspect in contact with cassette**
- 4th and 5th fingers **ulna aspect is placed in contact with the cassette – elbow out straight for comfort (turn cassette)**
- 3rd and 4th fingers not in contact or joint spaces will close

Fold the other digits into a fist

Long axis of digit should be parallel to short edge of cassette

Central ray perpendicular to cassette

Centre to the PIP joint

Collimate on 4 sides to outer margins of hand

FFD 100 (CR) 110 (DR)

kVp 52 (48 – 55)

mAs 6 (3 – 8)

Fine focus, no grid



- **Radiographic criteria**

Regional anatomy included – tip of digit to distal metacarpal including soft tissue

Digit free of superimposition

Proximal phalanx head rounded

Concave appearance of anterior surface of shaft of phalanges

Least possible overlap of other digits

Digit free of motion

Density and contrast optimal to visualise bone & soft tissue

MRSC1150 | DIAGNOSTIC RADIOGRAPHY METHODS

INTRODUCTION

Types of radiation

IONISING	NON-IONISING
Plain radiography	Ultrasound
Fluoroscopy	MRI
Angiography	
CT	
Mammography	

X-ray production

Electrons are fired from cathode into a rotating, tungsten anode

Cathode -

Anode +

Kinetic energy → 99% thermal energy, 1% electromagnetic energy

Cathode

Source of electrons

Negative

Two filaments of coiled tungsten wire – one large and one small (focal spot)

Small focal spot – extremities

Large focal spot – body

Anode

Positive electrode

Stops or decelerates electrons

Rotating

Made of tungsten

Focal spot

Affects size of the area on the anode that is exposed to electrons

Large focal spot can withstand the heat produced by large exposures

Small focal spot produces better image quality

kVp

Gives quality of the x ray beam

Determines the speed at which the electrons in the tube current move

kVp = Penetration

Increased kVp = higher beam energy, penetration, scattering, image density but lower image contrast

Hit lightly or hard

mAs

$\text{mA} \times \text{time} = \text{mAs}$