HV 3 notes

Week 1

- Acute myocardial infarction
- Coronary circulation
- Right and left coronary arteries that branch from the ascending aorta deliver oxygenated blood to the myocardium
- The cardiac veins collect blood from the heart muscle and empty it into the coronary sinus which returns the blood to the right atrium.
- tamponade: blood fills in pericardial sac and heart can't pump properly
- stable angina: with exercise
- unstable angina: at rest
- variant angina: at rest in cycles



- Conducting system

- SA node natural pacemaker initiates all heart beat and determine HR, electrical impulses from SA node spread throughout both atria causing them to contract
- The AV node serves an electrical gateway between atria and ventricle, delaying the impulse to ventricles to ensure atria have ejected all blood into ventricles before they contract
- AV bundle/bundle of His are divided into L and R which conduct impulses towards apex of heart
- Signals then passed to purkinje fibres turning upwards and spreading throughout myocardium



Structures of the Heart

- ECG
- **P:** atrial depolarisation (when atria full of blood, SA node causes electrical signals to spread through atria and cause them to depolarise)
- PQ: time taken for signal to travel from SA to AV node
- QRS: ventricular depolarisation (atria repolarise but this is hidden by QRS)
- ST: plateau in myocardial action potential (when ventricles contract & pump blood)
- T: ventricular repolarisation
- U: purkinje repolarisation
- cycle repeats with every heart beat
- vertical (mm) is voltage (mV) e.g. 10mm=1mV
- horizontal (sec) is time
- small square=0.04 sec
- large square= 0.2 sec



- Sinus tachycardia:
 - fast HR (no change in electrical conduction)
- Sinus bradycardia:
 - slow HR
- Atrial fibrillation:
 - no p wave, irregular HR. Electrical conduction causes atria to fibrillate (contract fast and irregularly) and blood isn't pumped from atria to ventricle properly
- Ventricular fibrillation:
 - rapid, irregular HR. Electrical impulses cause ventricle to quiver instead of pumping blood
 CPR & shock if unconscious (4 minutes)
- Ventricular tachycardia:
 - improper electrical conducting causing rapid HR beginning in ventricles
 - can develop into VF
 - give anti-arrhythmia (amiodarone), can sedate
 - shock, CPR if unconscious
- Asystole (flatline)
 - not shockable as there is no electrical conduction at all
 - unconscious, heart stops, no electrical activity
 - CPR adrenaline
- Pulseless electrical activity
 - not shockable as electrical system is working