

## Lecture 2

### BPS- BIOLOGICAL PSYCHOLOGICAL SOCIOLOGICAL

#### Perspectives in psychology

- Psychodynamic
- Behaviourist
- Humanistic
- Cognitive
- Evolutionary

What is psychosexual development? According to Freud, personality is mostly established by the age of five. Early experiences play a large role in personality development and continue to influence behaviour later in life. Freud's theory of psychosexual development is one of the best known, but also one of the most controversial.

What is psychosocial development? Erikson believed that personality develops in a series of stages. Unlike Freud's theory of psychosexual stages, Erikson's theory describes the impact of social experience across the whole lifespan. One of the main elements of Erikson's psychosocial stage theory is the development of ego identity. Ego identity is the conscious sense of self that we develop through sense of self.