

FAMILY AND CHILDRENS NURSING EXAM NOTES

Neonate: 0-28 days

Infancy: First year of life

Early childhood: 1-4 years

Middle childhood: 5-12 years

Adolescence: 13-18 years

DEFINITION OF FAMILY: Two or more persons, one of whom is aged 15 years or over, who are related by blood, marriage (registered or de facto), adoption, step or fostering; and who are usually resident in the same household

NUCLEAR: Two parents + 1 or more biological/adopted child

FAMILY CENTRED CARE: Multidisciplinary models of care or service delivery where the focus is the person or family

LAB & LECTURE 1

MEASURING ACCURATE VITAL SIGN OBSERVATIONS:

PR: Assess the rhythm, strength and rate for a full minute (60 sec) For children <2 years measuring the apical impulse is the most accurate. Place the stethoscope over the child's chest at the apex of the heart

BP: Measurement and an appropriate cuff size (40% of the child's arm circumference)

TEMP: Axilla temp (armpit) is the most accurate, rectal temp only for extremely unwell children